

LEARNING STYLES

10 facts about
learning styles

1. There are 3 main learning styles: **Visual**, **Auditory** & **Kinesthetic**. Individuals typically will use all three throughout their lifetime depending upon their level of development, but most people demonstrate strength in one primary area.
2. All young children (infant through 3) are kinesthetic learners, learning through **touching**, **experiencing** and **doing**...a preference for visual and auditory styles emerges around ages 3-5.
3. Each learner is **unique**. Don't assume your child learns the same way you do.
4. Discovering how your child best processes information can increase their **self esteem**.
5. Understanding the way your child learns can **improve communication** between you and your child, **decrease frustration** for you and them and help you be more effective in your interactions.
6. Learning styles **impact** the way a child thinks, relates to others and solves problems.
7. Preferred learning styles have significant influence on **behavior**.
8. Learning styles are about **HOW** they learn...not what they learn.
9. Understanding your child's learning style can **inspire** curiosity and **motivate** learning.
10. When one approach isn't working, **try another**.