

THE ART OF PERSISTENCE

5 Ways to Encourage Kids to be Persistent

Persistence isn't always about success...it's about continuing on even in times of failure or disappointment. How can we teach our kids that it's not always about winning, succeeding, getting the prize or being the best? That they can be just as proud of themselves for **trying** their best?



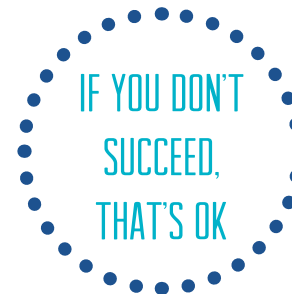
If you fail or fall short of your goal, but you have **given 100%** of your effort, at least you know that you didn't fail for lack of trying.



If you try once and fail, do not give up. **Try again**. Think about what you did and see if you can try another way. There is never only one way to solve a problem.



It's ok to **ask for help** *when you need it*. If you've tried your best multiple times and you are still not successful, go ahead and ask for assistance.



Sometimes we fail or fall short, and we have to **learn to be ok** with that. If you've tried your best, that's the best we can ask for.



Learning doesn't only happen at school. Life itself is a **learning experience**. If you tried your best but didn't succeed, learn from it.