

SUMMER SLIDE

Fun Activities to Prevent it

Does the Summer Slide affect everyone? No. But think about learning in general. When you learn something, you do work to retain that information, right? The following activities may help your child practice the information they learned last year, hopefully reducing that summer slide.

READ WITH YOUR CHILD

Read together. Is the book a little too advanced for your child? That's ok. Read it with them. Don't want to read a book...that's fine too. Choose a nature magazine or graphic novel. Simply put, just read.

COOK OR BAKE

Following directions is a great way to engage kids in an activity that works on executive functioning, math (maybe cut a recipe in half or double it) and reading.

EDUCATIONAL IPAD TIME

Download an app that works on reading or math skills in a fun way... you kid sees it as a fun game that lets them use the iPad!

WATCH SPORTS

Sports are a great way to engage your child in math without them really thinking about it. Teach them about baseball statistics. Or how the scores work in basketball; a 2-pointer vs. a 3-pointer.

PLAY BOARD GAMES

Break out the oldies like Scrabble, Monopoly, Candy Land or Yahtzee. There are numerous opportunities to read and engage in math while playing these games.

DO ACTIVITIES OUTSIDE

Go for walks around your neighborhood or hikes in nature. Talk about the different types of trees, animals, insects that you see.

JOIN YOUR LOCAL LIBRARY

Libraries often create wonderful programs for kids over the summer that engage a child in reading. They frequently offer badges or certificates at the end of the summer for your child's participation. And what kid doesn't love acknowledgment for reaching a goal!